



#### **BASKETBALL TOUR OF SLOVENIA**

14 Days | 13 Nights

Ljubljana | Rogla | Rogaska Slatina | Kranjska Gora | Nova Gorica | Venice







This trip will combine the best of both worlds, from a basketball and a tourist point of view.

Slovenia offers a huge amount of sightseeing opportunities, but the mind-blowing fact is, that a country with a population of only 2 million people, is producing world-class sportsmen and teams. Among them are Goran Dragič and Luka Dončič #MVP of the NBA.

On this tour you will receive insights and background information on how these kinds of players were developed in Slovenia. You will have the opportunity to speak to and learn from the experts of Slovenian basketball, who had a huge impact on basketball in Slovenia and the Balkans. The most important thing is that you will be able to learn about the mindset, development, training procedure, tactics and methods of Slovenian basketball players and their national team, which has achieved a few stunning successes over the past few years — European Champions and 4th place in the Tokyo Olympics.

Besides the basketball part of the trip, you will have plenty of opportunities to enjoy the beauty which is Slovenia as a whole. You will get to explore major tourist attractions such as Ljubljana, Bled Lake, Postojna Cave, Soča river and much more.... If you are traveling at the right time, we can also organize some friendly games against the local national teams, clubs or universities, while traveling across Slovenia.







# HIGHLIGHTS

Walking tour of the charming old city center of Ljubljana

The Queen of the Underground World – Postojna Cave

Visit the iconic Bled Lake

Soča river activities

One day tour of Venice

Boat ride on Slovenian coast

Bunch of team building activities

Basketball training camp in one of the Slovenian "Olympic centrums"

Lectures with the specialists on Slovenian basketball

Training course with the coaches of former or current Slovenian national team







### DAY 1: SLOVENIA - LJUBLJANA

Meet and greet your guide at the airport.

From here we head directly to the hotel, where we will have some time to freshen up before we explore the city center of Ljubljana.

The old city center has a unique architectural appearance, particularly due to its mixture of Baroque and Art Nouveau architecture with masterful creations by the 20th century architect, Jože Plečnik.

Welcome dinner at a local restaurant.





### DAY 2: LJUBLJANA

After breakfast we will continue our journey across Ljubljana. The funicular will take us to the Castle of Ljubljana situated above the town. Time to admire the magnificent view which, on a sunny day, stretches all the way to the Alps. We will take some free time for lunch and to explore Ljubljana on our own afterwards.

In the afternoon we are going to visit the playground of Luka Dončič and its newly renewed basketball court.

Possible 3x3 game, or three-point shoot-out, to begin our basketball chapter in Slovenia.

Dinner and overnight in Ljubljana.





#### DAY 3: LJUBLJANA- ROGLA

After Breakfast we will drive to the Olympic sport centrum in the Rogla mountain resort.

This is one of the places where the Slovenian national basketball team, and clubs from all over Europe, hold their training camps.

Accommodation, lunch, time to rest and then – action. Our Basketball training camp begins with an afternoon training session.

While you are staying in Rogla, you will be able to sleep, eat, train and relax the same as the Slovenian national team.





# DAY 4: ROGLA

Full day of training camp. Training in the morning, training or lecture from one of the Slovenian Basketball experts in the afternoon.

\*We can organize a technical and practical session with the Slovenian basketball experts on various topics:

- Physical preparation
- Tactical preparation
- Pre-game training process
- Injury prevention
- Attack / Defense methods
- Game analysis and more







# DAY 5: ROGLA

Basketball & non-basketball activities in the area

#### Such as:

- A walk among the treetops
- Summer bob-sled, or
- A hike to the Black Lake







### DAY 6: ROGLA

Basketball training camp and a possible session from a coach, assistant coach or the physical conditioning coach from the current or former national team of Slovenia.

(Depending on availability)





# DAY 7 : ROGLA

Basketball training camp in the morning. Non-basketball activity in the afternoon.

During your stay you can always take some time for regeneration in the swimming pool or saunas that are available or go for a hike and explore the beauty of the region.





# DAY 8 : ROGAŠKA SLATINA

After breakfast we will visit the city of Celje and its unique castle.

Stroll through the city with some time for lunch and coffee.

Afterward we will depart towards Podčetrtek and Rogaška Slatina, where we will visit an old chocolate factory as well as a deer farm.

\*In the afternoon we can organize a friendly game with a team from Rogaška Slatina.

Dinner and overnight in Rogaška Slatina.





# DAY 9: KRANJSKA GORA

After an early breakfast we will head towards the western part of Slovenia. On our way we will make a short stop at Trojane to try their most famous Slovenian doughnuts.

We continue the tour to Lake Bled, which is one of the top attractions in Slovenia. We will take a stroll along the banks of Lake Bled and walk up to the ancient Bled Castle. The castlehouses a museum with a printing workshop where the reconstructed Gutenberg's wooden printing press is displayed. The courtyard offers a majestic view of the lake and the surroundings. You can also enjoy tasting "kremšnita", the famous Bled cake.

Afterwards we will continue towards lake Bohinj. On our way we will stop for lunch and enjoy a typical Slovenian stew.

In the afternoon we are going to have a group activity on the biggest lake in Slovenia. We can go kayaking, take a hike to a nearby waterfall or taka a cable car ride into the mountains and enjoy the incredible panoramic views.

In the evening we depart towards Kranjska Gora where we will enjoy dinner and overnight in the hotel.





# DAY 10: PLACINA VALLEY

After Breakfast we will do a morning warm-up run to the stunning alpine Lake Jasna, followed by a basketball lecture or session of your choice.

After lunch we will visit the nearby Planica valley that is famous for one of the world's biggest ski jumps.

As a group activity we do suggest the Zip-line from the top of the ski jump.

Afterwards we can visit a sprig of the Sava river, the biggest Slovenian river, or you can take some time to relax next to Lake Jasna.

Dinner and overnight at Lake Jasna.





#### DAY 11: NOVA GORICA

Early breakfast before our morning drive over the Vršič pass (approx. 1,500m above sea level) and along the Soča Valley.

Enjoy a short hike to the spring of the Soča River or to the Kozjak waterfall.

We will stop in Kobarid, where we can hear all about World War I and the famous battle at the Isonzo Front - "Soška fronta".

We will visit "Od planine do Planike" dairy museum where the presentation of the history of cheesemaking is followed by an unforgettable tasting of locally produced cheeses and milk products, including sourmilk with honey.

Later we can either drive to visit the Tolmin Gorge, where beautiful nature and water create magical colors and forms, or we can have an easy rafting group activity (which we strongly suggest).

Afterwards we will continue towards Nova Gorica, where we will have dinner and overnight.





#### DAY 12 : VENICE

After breakfast we will drive towards the Venetian Lagoon. There we board a "vaporetto" that will take us to Saint Mark's Square "Piazza San Marco", the center of Venice.

The main attractions are:

- Doge's Palace
- St. Mark's Basilica and the St. Mark's Clocktower
- Procuratie Vecchie with its Napoleon Wing
- St. Mark's Campanile
- Bridge of Sighs
- Rialto Bridge, and many more

Two patrons on columns guard the "Piazza San Marco"

- the lion of St. Mark, and
- St. Theodore of Amasea who stands on a crocodile ( the sacred animal of Egypt).

After sightseeing and shopping we will return to Slovenia for our overnight stay.





## DAY 13 : POSTOJNA CAVES

After breakfast we visit the city of Piran with its rich cultural heritage that resembles a large open-air museum with medieval architecture. The narrow streets and compact houses give the town its unique charm.

From here we take a private boat ride along the Slovenian coast, on the Adriatic Sea, to the city of Portorož, renowned for its beach, coffee shops and restaurants.

Our final stop will be the famous Postojna Cave - the only cave in the world that, for the last 140 years, offers a unique and adventurous cave-train ride which will take us into the cave, under spectacular underground arches that are embellished with chandelier look-alike stalactites, and through a beautiful subterranean world full of playful limestone sculptures.

In the evening we will arrive back in Ljubljana for our farewell dinner and last overnight stay.



DAY 14: END OF ITINERARY

After breakfast we meet in the lobby to say farewell to our new friends and travel companions and take the last group photo in memory of the unforgettable moments in Slovenia.

Check-out and departure to the airport.

